

Our ingredients

LAGAD VISION Laboratory's Food Supplements are manufactured in France in a State of the Art Pharmaceutical Factory.

Fish oils (Omega 3) - Borage Oil

Omega 3 essential fatty acids (DHA and EPA) from coldwater fish

DHA is a fatty acid from the Omega 3 family essential to the structure of the membranes of the photoreceptors in the retina. EPA contributes to the maintenance and proper working of the tear film.

Gamma-Linolenic Acid (GLA) from borage oil

The anti-inflammatory properties of GLA help maintain the normal secretion of tears (quantity and quality).

Carotenoids

Lutein and Zeaxanthin

Lutein and zeaxanthin are two yellow-orange pigments that make up the majority of the macular pigments in the retina. Their role is to filter (visible) blue light, which can cause oxidative stress. These carotenoids therefore help protect the retina from oxidation.

Natural Astaxanthin

Astaxanthin is a red pigment with powerful antioxidant properties, which is concentrated in the cone cells of the fovea, at the centre of the macular zone of the retina.

Astaxanthin filters blue light and helps protect the retina from oxidative stress.

Antioxidant vitamins and trace elements

Micro-encapsulated zinc

Zinc is an essential mineral, which is selectively concentrated in the retina, iris, optic nerve, cornea and lens.

Zinc helps stabilise cellular membranes, which protects them against lipid peroxidation.

Alpha Lipoic Acid

Alpha lipoic acid is a very powerful water- and fat-soluble antioxidant, which eliminates free radicals and regenerates other antioxidants such as vitamin C and vitamin E.

Antioxidant Vitamins and Trace Elements

Vitamins A, C, B2, B12, natural vitamin E and selenium are fundamental for retinal function and good quality vision.

Blueberry and blackcurrant anthocyanins

Anthocyanins are antioxidants and free radical scavengers.

Anthocyanins improve the oxygen supply to the capillaries of the eyes, which helps reduce dark circles. They help improve visual acuity at night; they provide a quicker adjustment to darkness and promote restoration of visual acuity after exposure to glare.

Our Labels of Quality Sustainable development

Sustainable development and preservation of the marine word are priorities of LAGAD VISION.

Friends of the Sea® :

The Lagad Vision fish oils are exclusively sourced from sustainable fisheries. This is certified by Friends of the Sea®.

Friends of the Sea® guarantees the proper renewal of fish stocks.



EPAX® :

Lagad Lacrima fish oil is produced by EPAX AS, a Norwegian company world-wide renowned for its quality and traceability standards for the last 150 years.



OMEGAVIE® : Lagad Retina and Lagad Performa fish oil is produced by POLARIS, a state of the art company from Brittany, world-wide renowned for its quality and traceability standards.



Qualitysilver® :

Fish Oils used for Lagad Vision Softgels are engineered with the Qualitysilver® Technology. This unique process protects and stabilises PolyUnsaturated oil against oxidation. Qualitysilver® processed Oils are up to 13 times more stable than non Qualitysilver® processed Oils. Nutritional and organoleptic qualities of fish oils are effectively protected.



Floraglo® is probably the best seal of quality and safety, which guarantees that Lagad Vision Lutein is of natural origin. Free Lutein is extracted from natural (non-GMOs) marigold flowers grown without pesticides nor herbicides.



Bioastin® :

Natural Astaxanthin of Lagad Retina® is extracted from Haematococcus microalgae grown on the pristine Kona Coast of Hawaii's Big Island.



Lagad Vision Softgels Try... to See



Specific formulae based on
the latest Ophthalmological Clinical studies

www.lagadvision.com

**Do you wish to protect your retina
from the effects of Blue Light ?**



**Helps protect against
"Retinal Stress"**

A Benchmark formula based on
AREDS II*** clinical studies

Lutein	6 mg	
Zeaxanthin	2 mg	
Astaxanthin	2 mg	
Vitamin C	40 mg	50 % RDA**
Vitamin E	12 mg	100 % RDA**
Micro-encapsulated Zinc	10 mg	100 % RDA**
Omega 3	300 mg including 120 mg DHA	

One Box = One Month

ONE a day 

Lagad Retina® contains antioxidants, vitamins, minerals and essential fatty acids, which help to actively protect the retina against the effects of light and ageing.

Lagad Retina® especially helps to protect the macula, a highly pigmented yellow spot near the centre of the retina, responsible for central, high resolution vision.

Softgel Coating : Fish Gelatin

***AREDS II (Age-Related- Eye- Disease -Study) is a study performed by the American National Eye Institute. This Study was designed to study the relation between specific vitamins, Omega 3 and antioxidants intake and the progress of Age-Related Macular Degeneration (ARMD).

**RDA : Recommended Daily Allowance

**Itchy gritty Eyes ?
Watery Eyes, Dry Eye Symptoms ?**



**Protects against "Sensations"
of Dry Eye**

Alpha Lipoic Acid	100 mg	
Borage oil	236 mg	
including GLA	40 mg	
Vitamin C	60 mg	75 % RDA**
Vitamin E	12 mg	100 % RDA**
Micro-encapsulated zinc	10 mg	100 % RDA**
Omega 3	422 mg including 86 mg DHA EPA 128 mg	

One Box = One Month

TWO a day 

Lagad Lacrima® contains antioxidants, vitamins, minerals and essential fatty acids destined to improve the nutrition of the cornea and maintain a comfortable tear film.

Our eyes face an increasing number of aggressions from pollution, computer use, air-conditioning and excess heating, which make our eyes feel dry.

The formula of Lagad Lacrima® is based on the research studies of Ophthalmologists and dietitians specialising in Eye Dryness.

Softgel Coating : Fish Gelatin

**RDA : Recommended Daily Allowance

Take your Lagad Lacrima during 2 to 3 months in the morning with a cold drink. Stop one month. Renew only if necessary.

**Can you drive at night ?
Do you suffer from Glare ?**



**NEW FORMULATION
with Zinc and Luteine**

**Helps Optimise « Night Vision »
& Visual recovery after glare**

Blueberry Anthocyanins	7.5 mg	
Blackcurrant Anthocyanins	2 mg	
Lutéine	2 mg	
Vitamin A	400 µg	50 % RDA**
Vitamin E	6 mg	50 % RDA**
Vitamin B12	0.5 µg	20 % RDA**
Vitamin B2	0.7 mg	50 % RDA**
Microencapsulated Zinc	10 mg	100 % RDA**
Omega 3	211 mg Including 43 mg DHA EPA 64 mg	

One Box = One Month

ONE a day 

Lagad Performa® contains antioxidants, blueberry and blackcurrant anthocyanins, vitamins, minerals and essential fatty acids destined to help improve visual acuity at night, provide quicker adjustment to darkness, promote restoration of visual acuity after exposure to glare and reduce dark circles.

The formula of Lagad Performa® is based on the research studies of Ophthalmologists and dietitians specialising in research on tired eyes and visual performance.

Softgel Coating : Fish Gelatin

**RDA : Recommended Daily Allowance

Take your Lagad Performa during 2 to 3 months in the morning with a cold drink. Stop one month. Renew only if necessary.

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